

PLEASE READ BEFORE USE

USER TIPS

IN MOUTH SUCTION MIRROR PLACEMENT

When possible, allow the patient to close on only half of the mirrors reflective surface. Once you have placed the mirror face against either their upper or lower lip, be sure to tell the patient to close their lips on the suction mirror like a spoon.

PATIENTS WHO TEND TO GAG EASILY WITH ULTRASONICS

Simply add an additional saliva ejector bent at an angle to fit in the posterior corners of the mouth. This helps to remove additional moisture from aerosols with the water spray.

ASPIRATE WATER MIST MAY CAUSE CHOKING

Be sure to tell the patient not to breathe through their mouth. Breathing through their mouth may aspirate water mist which can cause choking or coughing

PERFECTED AND DEVELOP NEW SKILLS

Learning to use both hands simultaneously when working in the mouth *is a brand new skill*. Success with this system highly depends on the clinician's skill level and the ability to use high volume suction with indirect vision and retraction.

AVOID LEAVING THE SUCTION MIRROR IN THE SAME POSITION FOR LONG PERIODS OF TIME.

In rare circumstances, elderly patients or those with xerostomia, the buccal mucosa can dry out and may get stuck to the front or backside of the suction mirror. This happens because the suction mirror has been left in the same position for a long period of time. The HV suction is very powerful, adjust the lever on the HV to a lower level if needed to reduce suction power.

For more information on Nu-Bird products,
instructional videos and tips-tricks & techniques please visit
www.nu-bird.com



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USER GUIDE



nu BIRD
DESIGN & MANUFACTURING

**NU-BIRD SUCTION MIRROR
INSTRUCTIONS FOR USE**

IMPORTANT INFORMATION

NU-BIRD SUCTION MIRROR INSTRUCTIONS FOR USE

1. Remove mirror and adapter hose from packaging

2. Sterilize Nu-Bird Suction Mirror and adapter hose before use.

***Read cleaning directions for more details**

3. Prep mirror face before use.

We recommend using medium grit prophylactic paste with a prophylactic cup and lightly polishing the mirror face. This creates micro scratches which prevent water from beading on the mirror face.

Note: Thoroughly remove all residues from mirror face.

Water-spray has a tendency to bead-up on the reflective surface due to either residue coating left from manufacturing on new mirror coins, sterilization chemicals which may not have been rinsed off adequately or patient oil based lip products.

4. Connect Adapter Hose to HVE port.

Plug the U shaped adapter end with rest clip into the HVE port of your high volume suction hose.

5. Push the mirror handle into other end of Adapter hose until it clicks in place.

Note: The mirror can directly plug into High and Low volume suction systems.

Low volume saliva ejector ports with rubber adapter port work best.

If water removal seems unsuccessful with the low volume suction, simply plug it into the high volume suction and use with the adapter hose.

6. Insert the hose into the hose rest clip.

When not in use the convenient rest clip holds the suction mirror while allowing the adapter hose to hang freely. The rest can also be rotated to allow the hose to drape without twisting.

7. Nu-Bird Suction Mirror is now ready for use.

For best results only use mirror with suction.

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CLEANING DIRECTIONS AND USER TIPS

A. Sterilize Nu-Bird Suction Mirror and adapter hose before use. Suction Mirror should be placed into automated cleaning equipment (ultrasonic cleaner or washer-disinfect) to remove debris to increase cleaning effectiveness, dried then autoclaved in a steam or statim sterilizer with other instruments i.e. **121°C (250° F) for 30 minutes** gravity sterilization cycle.

B. Using a cassette will add protection from scratches to the mirror face.

C. The ergonomic hose is fully sterilizable and designed to hold up under repeated sterilization procedures with longer life than traditional silicon tubing. The hose can also be treated just the same as a HVE hose by running suction solution cleaner through it and wipe down with antiseptic wipes.

D. It is the nature of silicon tubing to have a tendency to feel sticky or tacky. If this is an annoyance, we recommend after cleaning, wipe dry. Sprinkle cornstarch on a clean dry cloth or into the palm of a gloved hand with and wipe the tubing down. This will keep tubing feeling smooth to the touch and remove tackiness.

PRODUCT MAINTENANCE

The silicon hose comes in a 5 ft. lengths and is very light weight and flexible. This makes it easier to maneuver in whatever position you need it to be.

It is recommended to trim the hose from the end which has the curved fitting to a comfortable working length which does not drag on the floor. This can be done by removing the curved adapter end from the hose and cutting off at a desired length.

Do not remove adapter fitting from end of hose where the mirror plugs into as it will damage the spring which keeps the hose from crimping.

The O-Ring inside the adapter end of the hose, where the mirror connects, may be replaced when worn out. Replacement O-Rings are available from any hardware store. Measurements: ½ OD x 5/16 ID x 3/32

If the mirror seems to pull out of the hose adapter when you lift it to use, it is not pushed into the adapter end far enough. You should feel it click into place and rotate easily. Sometimes the O-ring inside the adapter fitting gets a little dry and needs to be sprayed with water to moisten so the mirror slides in easier.

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